



Happy Valley Primary

December 9, 2019

Weekly Note Home

Office Hours: 7:00am - 3:30pm School Hours: 8:00am - 2:10pm
Telephone 530-357-2131 ~ Fax: 530-357-2138 ~ Website: hvusd.net

Bee Here!

Students that attended EVERYDAY from December 2nd-6th were entered into a drawing at the end of the school day on Friday!

This weeks winner:
Gabby W



MINIMUM DAY



Every Monday
Release Time is
1:10 pm. Bus will drop
off 1 hr before regular
time.

Thursday 12/19 will be a
minimum day.
Merry Christmas!

Dates to Remember:

12-2 thru 12-6: Storybook Door
Decoration Contest

12-10: Awards Assembly: K and 1st

12-10: Coffee with the Principal
7:30am Room 1

12-12: TK-K: Santa and Mrs Claus
Visit



12-16: A Storybook Christmas
Gathering 6:00-7:00pm

12-17: Board Meeting-Primary
School 6:00pm

12-19: Minimum Day Release
1:10pm

12-20 thru 1-6: Winter Break

1-7: Back to School



A good night's rest = a good day of learning

As the graphic below illustrates, sleep is important for overall health, and healthy children learn better.

Recommended Amount of Sleep for Pediatric Populations*

Age	Recommended Sleep Hours per 24 Hour Period
Infants: 4 to 12 months	12 to 16 hours (including naps)
Toddlers: 1 to 2 years	11 to 14 hours (including naps)
Preschoolers: 3 to 5 years	10 to 13 hours (including naps)
Gradeschoolers: 6 to 12 years	9 to 12 hours
Teens: 13 to 18 years	8 to 10 hours

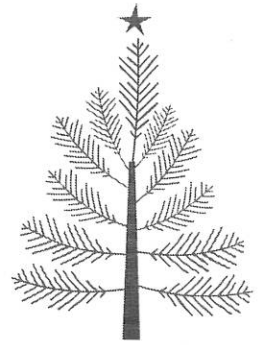
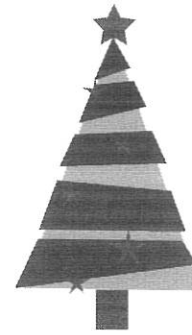
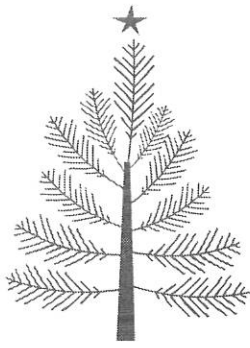
*The American Academy of Pediatrics (AAP) has issued a Statement of Endorsement supporting these guidelines from the American Academy of Sleep Medicine (AASM).
Source: Paruthi S, Brooks LJ, D'Ambrosio C, Hall W, Kotagal S, Lloyd RM, Malow B, Maski K, Nichols C, Quan SF, Rosen CL, Troester MM, Wise MS.
Recommended Amount of Sleep for Pediatric Populations: A Statement of the American Academy of Sleep Medicine. J Clin Sleep Med. 2016 May 25.
doi: 10.1093/sleep/zww086. PMID: 27250809.

Note from Mrs. Craig, Principal

It is a joy to watch our students learn! Our students have built strong academic habits. They are achieving goals and they are building a strong foundation for life long learning. Our students couldn't do that without the volunteers who spend time in our classrooms every week! Special thank you to all who take the time to serve at our school! We appreciate you and your dedication to our students! This Tuesday at Coffee with the Principal, we will serve Candy Cane Mocha and visit about our holiday festivities and our focus for 2020!

Our 2nd and 3rd graders were recognized at our awards assembly on Friday. Our kindergarteners and 1st will be honored on December 10. If your child is receiving an academic award you should have already received a note from the teacher. Don't forget that attendance awards are also given at the assembly. If your child has had perfect attendance there will be an award given at the assembly.

Don't forget to join us at "A Storybook Christmas" next Monday evening. See you there!



HAPPY VALLEY PRIMARY PRESENTS:

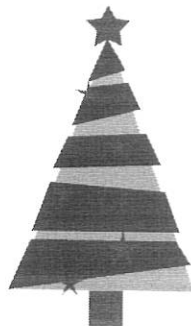
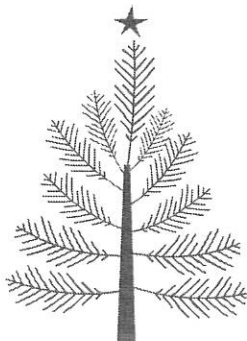
A STORYBOOK CHRISTMAS

Wear your festive pajamas, bring a pillow, enjoy refreshments and join us for an evening of Christmas stories read by Happy Valley Primary teachers!

This is a family event and children must be accompanied by an adult.

**DECEMBER 16TH
6 PM TO 7 PM
IN THE CAFETERIA**

You will participate in voting for your favorite decorated door and the winning class will get to enjoy a hot cocoa party!





SUNDAY DECEMBER 15th

2 PM - 4 PM



THE ANDERSON MOOSE

LODGE IS HAVING A

KIDS CHRISTMAS

PARTY

AND YOU ARE INVITED.

COME MEET

WHEELS & BUTTERFLY THE CLOWNS WITH

BALLOON CREATIONS FOR ALL THE KIDS

ALSO FROSTY AND MICKEY & MINNIE

WILL BE THERE PLUS A SPECIAL GUEST

SANTA CLAUS

**WITH PLENTY OF GOODIES FOR ALL THE
GOOD BOYS AND GIRLS**





Shasta Head Start
CHILD DEVELOPMENT, INC.

Happy Valley Head Start Center Preschool Program

**OUR PROGRAM IS FREE
OR LOW COST!
To Qualifying Families**



- ◇ Make friends
- ◇ Develop social skills
- ◇ Eat healthy, nutritious meals
- ◇ Develop language skills
- ◇ Learn math and science
- ◇ Develop motor skills
- ◇ Gain independence
- ◇ Prepare for school
- ◇ Limited busing available

We serve the whole family!



ENROLL YOUR CHILD:

Administrative Office Phone: (530) 241-1036

Happy Valley Center Phone: (530) 245-5103

www.shastahadstart.org